

November

Collect and share your family health history.

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Share your history with your family and health provider. Learn ways to improve your health and reduce your chances for certain diseases and conditions.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

For more information on
women's health, visit
www.cdc.gov/women

Celebrating
20 years
OF PROMOTING WOMEN'S HEALTH
CDC OFFICE
OF WOMEN'S
HEALTH

